



Your Partner in  
Health & Safety Training  
*Stay curious & keep learning!*

## CPR Instructor Course

Thank you for your interest in taking the steps to become an AHA Instructor. We are very interested in supporting both your investment of time and money becoming a successful Instructor.

Please understand that by simply taking this course on a Saturday does not mean you will be open for business on Monday. It takes many hours of continued learning and development to be good at what you do and proficient enough to be monitored successfully for certification. Some people accomplish this quickly while others can take the next year to work towards their goal.

To enter the course you must have a BLS Healthcare Provider certification thru AHA that is current. We highly recommend that you come from or are working towards a medical background. You must understand what you are teaching in order to teach it. Next, we recommend that you come and observe a class offered by our Center. There is no charge for this of course and gives you an idea of what will be expected of you in the classroom.

You will be required to take the Core Instructor Course prior to the course date. This will be delivered to you after we receive your registration fees. It is an interactive study program done with use of online learning. It takes most people about 4 hours to complete, so please allow enough time. We will spend an 8 hour day together going over the tools necessary for you to produce an AHA course. You will then need to shadow or observe 2 AHA classes taught by an experienced instructor in our Center. You may observe or assist with as many courses as you feel are necessary to be ready to produce your own class and be monitored by our staff for check off. You have up to 1 year to accomplish this. Please note that a \$99 fee is due at the time of monitoring. We do not charge this in advance in case you choose not to finish that portion of the course.

Please also keep in mind that you may need to invest in additional materials, videos and equipment to produce your classes. Renting equipment from you center is limited. Most Centers do not offer many employment opportunities, so we recommend that you have an idea how and where you will teach ahead of time. Create your own opportunities, perhaps your workplace or community.

To maintain your status you are required to teach at least 4 classes every renewal cycle of 2 years, attend any required updates or forums and arrange to have a class monitored by AHA faculty.

We find teaching very rewarding and have been an AHA Training Center since 1990. Space is limited and we only offer this course twice a year. We highly recommend early registration and to allow enough time to receive your pre-course materials. You can register at our website [www.soscpr.com](http://www.soscpr.com).

Please call our office if you have any questions or would prefer to register by phone.

Thank you and have a safe day!

Laurie Carlson  
Training Director

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