

## **How to Prepare for the ACLS Course**

### **What you should have already**

The ACLS Provider Manual and student CD.

### **How to Get Ready**

The ACLS Provider Course is designed to teach you the lifesaving skills required to be a team leader in an in-hospital setting. Because the ACLS Provider Course covers extensive material in a short time, you will need to prepare for the course beforehand.

### **Precourse Requirements**

You should prepare for the course by doing the following:

1. Review and understand the information in your ACLS Provider Manual. Pay particular attention to the 10 core cases in Part 4.
2. Review and understand the information in the BLS for Healthcare Providers manual. The resuscitation scenarios require that your BLS skills and knowledge are current. You will be tested on adult 1-rescuer CPR and AED skills at the beginning of the ACLS Provider Course.
3. Review, understand, and complete the ECG and Pharmacology precourse assessment tests on the ACLS student CD. You will not be taught how to read or interpret ECGs in the course, nor will you be taught details about ACLS pharmacology.
4. Print your scores for the precourse assessment tests and bring them with you to class.

### **What This Course Does Not Cover**

The ACLS Provider Course does not teach algorithms, ECG, or pharmacology information. If you do not learn and understand the ECG and pharmacology information in the precourse assessment tests, it is unlikely that you can successfully complete the ACLS Provider Course.

### **What to Bring and What to Wear**

Bring your ACLS Provider Manual to each class, a current photo ID, and a copy of your ACLS card (if renewal). You will need your ACLS Provider Manual during each lesson in the course. You may refer to the Handbook of Emergency Cardiovascular Care for Healthcare Providers (optional), and you may bring it to the course to use as a reference guide during some of the stations.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

If you have any questions about the course, please call SOS CPR at (707) 795-4444.